

Southmead Project in conjunction with survivors of child abuse are proud to present

AMAZING RESILIENCE

Highlighting the voice and resilience of adult survivors of child sexual abuse

12-16 March 11am-7pm
The Vestibule, City Hall Bristol BS1 5TR

This challenging inspirational display of art work created and produced by survivors of child abuse, will help visitors understand the awfulness of its impact and debilitating consequences that can follow: it will also demonstrate their courage, determination and amazing resilience.

This important exhibition comes at a time when the understanding of the impact and prevalence of child abuse is becoming more widely recognised in society. Victims and survivors of child abuse are increasingly speaking out more and more in an effort to reclaim their lives and to bring about change.

In the time it has taken you to read this information the police would have handled another call directly related to child sexual abuse... NSPCC Freedom of Information sources 2017



'This exhibition was created by survivors of child abuse to offer hope to other victims and those that are currently being abused; helping them know that they have a future, they are being heard and there is a way out'.
Contributor

"I felt listened to. Your calmness made me feel comfortable. I was able to say things I'd never said. Your attitude around cultural issues was positive."
Service user

Southmead Project is a registered charity providing free therapeutic and practical support to adults who were abused as children and have turned to drugs, alcohol and other ways of self-harming as a consequence of that trauma.

This art exhibition was created by Survivors of child abuse to offer hope to other victims and those that are currently being abused; helping them know that they have a future, they are being heard and there is a way out.

Adults used art, sculpture, poetry, paintings to express their feelings and help them speak the unspeakable, demonstrating the determination and strength of survivors to bring about change and reclaim their lives.

Discovering that so many individuals have been abused in our society can often result in societal denial and distancing, which further isolates survivors of child abuse.

During the exhibition there is the opportunity for people to tie a piece of material to the net as a sign of support for survivors and victims of abuse – and if you wish, write a message on the ribbon. By showing your support, survivors are offered public validation and social response that they are not alone, they have nothing to be ashamed of and they are not worthless.

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Registered charity number (1076617)

During the exhibition there will be events, here's some highlights:

Monday 12 March (repeated on Wednesday 14 March)
Q&A session: Therapeutic support for survivors Dr Mike Peirce.
12.00-1.00pm and 5.00-6.00pm.

Inter-action

Mon-Fri there will be clay modelling for those who wish to create their own responses to the exhibition or from their own experience of abuse. These can be left as part of the exhibition or an ongoing project or taken away if preferred.

Thurs March 15th 11am-7.00 pm – Special visitor

Actor Christopher Harper will be joining us during the day. His latest credits include Coronation Street as a notorious groomer of vulnerable young women. Chris is Patron of Voicing CSA helping to raise awareness for the victims of child sexual abuse. Also included is a pop-in workshop, creating cards of support for survivors through drawing or writing words. This is for survivors and allies of survivors

Fri March 16th 11am-1pm

Come and join in on a conversation on your thoughts or experiences on the Criminal Justice System and child sexual abuse run by Dr Elly Hanson who is an Independent Clinical Psychologist whose work focuses on preventing child abuse and tackling its impact.

Further information

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